



# Nardin Academy & KidsPlay NFL Flag Football Camp Ages 7-12

**July 13th-July 17th**

NFL Flag is non-contact football with primary emphasis placed on the development of passing, receiving, running and defensive skills. Games are played 5 on 5 with modified rules to heighten skill development and insure equal playing time for all players. NFL FLAG is not a highly competitive program. Skill development, learning and having fun playing football are our major goals each week.

Players meet for two hours each morning. Each camp day begins with 60 minutes of technical/tactical training and fun small-sided games session followed by a 60 minute "World Bowl" game against another camp team. KidsPlay coaches coordinate all training sessions and games. ***An NFL team-identified reversible football jersey and flag belt are included in the fee.***

## **2026 NFL Flag Football Training Camp Schedule**

Players meet Monday-Friday 9:00AM-11:00AM

**Camp Fee:** \$200.00

**Location:** Kevin T. Keane Sports Park at Nardin Academy— Field #2  
97 Rosalia Street, Buffalo, NY 14216

**ONLINE REGISTRATION IS ACCEPTED AT:**

**<https://www.nardin.org/summer-camp>**